École secondaire

REYNOLDS

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Secondary School

Tuesday, October 2, 2018

Dear Parent/Guardian:

As part of the Provincial Health and Physical Education program in grade 9, your son/daughter will participate in healthy living workshops. The workshops will be held during the weeks of October 15-18, 2018 and April 8-11, 2019. The two-part workshops will cover topics such as healthy sexual decision making, the short-term and long-term consequences of unsafe sexual behavior, and strategies for building and maintaining healthy relationships.

The workshops will be facilitated by Jennifer Gibson, MA, who is the Coordinator of Education Services at Island Sexual Health. If you have any questions about the workshop topics, or if you would like to review program materials, please contact Jennifer at 250-592-3479 ext. 204 or jgibson@islandsexualhealth.org. For more information on sexual health issues and as a way to encourage and continue conversations at home, you can access the following websites:

www.islandsexualhealth.org www.sexualityandu.ca www.sieccan.org

If you *do not* wish your son/daughter to participate in this program, please return the bottom portion of this letter to the school. S/he will be provided with alternate activities during the workshops.

Thank you,	
Jeff Loukes Counselor	
OPT-OUT OPTION	
I do not want and healthy relationships program.	to participate in the healthy living
Name	-
Signature	-