



REYNOLDS SECONDARY SCHOOL 2020-2021 I DON'T FEEL WELL. NOW WHAT?



All information in this graphic is taken from the SD61 Daily Health Check and BC gov't documents. In the event of a discrepancy, the official documents are to be followed. This document does not replace advice from a Health Care Practitioner.

I don't feel well.

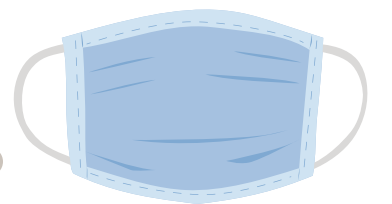
Complete Daily Health Check

NO

Are you at school?

YES

- Put on your mask
- Tell your teacher
- Home will be contacted and you will go home as soon as possible.



Daily Health Check available on Reynolds' website, the BC COVID-19 APP or www.BC.THRIVE.HEALTH

Symptoms not on DHC list

Stay home if you do not feel well and monitor symptoms.

1 symptom

Stay home for 24 hours from when the symptoms started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

2 or more symptoms

If you answered yes to 2 or more of the symptoms or you have a fever, seek a health assessment. A health assessment includes calling 811 or seeing a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

COVID test not recommended by Health Authority

You can return to school when symptoms have improved and you feel well enough.

You do not need to provide a doctor's note to return to school.

COVID test recommended, test is not done

If you choose to not get tested or do not seek a health assessment when recommended, you must stay home from school until 10 days after the onset of symptoms, and then may return if feeling well enough.

COVID test recommended, test results are negative

Return to school once symptoms have improved and you feel well enough. Retesting not required unless new symptoms present.

COVID test recommended, test results are positive

Stay home until you are told by public health to end self-isolation - in most cases, this is 10 days after the onset of symptoms.

Public Health begins contact tracing

You must stay home and self isolate if:

You have been confirmed by public health as a case of COVID-19, you have been confirmed by Public Health as a close contact of a confirmed case or outbreak of COVID-19, or you have travelled outside of Canada in the last 14 days.