

PARENT'S GUIDE

PARENTS GUIDE

At Mount Washington we are passionate about introducing children to new ways of staying active in the outdoors. And aim to provide an exceptional outdoor experience. Our goal is to inspire and activate students' potential through the spirit of sport. We pride ourselves in creating an experiential educational environment where your children will foster critical thinking, learn about environmental responsibility, and gain a new skill set, all while having fun in our outdoor winter wonderland.

PRESET FORM

Complete the Preset form. It is important to accurately fill out the weight and height of your child, so they have the proper equipment.

RENTAL EQUIPMENT PROVIDED

- Skis or snowboards
- Bindings
- Boots
- Poles if needed
- Helmet (alpine only)

* Your child may bring their own equipment if it is a complete set. Please note our rental technicians are **unable** to adjust personal gear.

WHAT TO WEAR

- Snow pants & snow jacket
- Long Ski/Snowboard or thin synthetic socks (Do not multi-layer)
- Winter gloves or mitts that are water resistant (A second pair is recommended)
- Athletic clothing

*if you are missing items, please talk to your teacher.

HIGHLY RECOMMENDED

- Warm Hat or Toque
- Snow goggles or sunglasses
- Balaclava or neck warmer
- Warm leggings or long johns

LUNCH AND SNACKS

Please pack your child's lunch, snack, and a water bottle in a backpack.

We ask that you clearly label your child's items.

NOTE: A bag lunch option is available for purchase as well as a hot lunch at our Alpine Cafeteria or Raven Lodge

Please coordinate with your teacher in charge.